

The following policies are in place when using the Rec Plex Turf Fields:

- Molded cleats or other athletic shoes ONLY (no metal cleats of any kind)
- No sharp objects – including tent stakes, corner flags or other objects that can penetrate the surface of the field
- No food items – including gum and sunflower seeds
- No tobacco products of any kind
- No sports drinks or liquids other than water. Alcohol is prohibited on all campus premises.
- No pets. Service dogs individually trained to do work or perform tasks for a patron with a disability are allowed in all areas of the facility.
- No bicycles or other unapproved vehicles
- Approved athletic equipment only
- All equipment must be CARRIED or WHEELED – No dragging of equipment
- No throwing, kicking, or batting balls or other objects into the fencing or building
- Participants are required to show their UWO Titan ID prior to using the fields
- Failure to comply with these policies or other instructions from Student Recreation Staff may result in participants being removed from the premises